

Relationships, Sexual Health and Parenthood

FIRST LEVEL PLANNER

Primary 4



Suggested order and online resources from <https://rshp.scot/>

Primary 4 – Progression 2		I can statements
<p>1. Safe and happy online</p>	<ul style="list-style-type: none"> - Positive Relationships - Physical Changes 	<ul style="list-style-type: none"> • I can discuss my online life. • I understand that my online presence requires me to have strategies for safe use. • I can identify adults that I trust and who can help when I have a worry or a question.
<p>2. How human life begins, pregnancy and birth</p>	<ul style="list-style-type: none"> - Sexuality and Sexual Health - Role of the Parent/ Carer 	<ul style="list-style-type: none"> • I can explain how human life begins, what pregnancy is and how a baby is born. • I know, understand and can discuss some of a baby's basic needs such as feeding, changing, washing, cuddling and sleeping. • I can demonstrate some basic skills needed to look after a baby.